

BAB VI

KESIMPULAN DAN SARAN

6.1 Kesimpulan

Berdasarkan hasil penelitian dan pembahasan yang telah dilakukan, maka dapat disimpulkan bahwa :

1. Karakteristik responden pada perawatan kateter vena sentral persentase terbesar usia <60 tahun atau dewasa (68,3%), jenis kelamin laki-laki 53,3%, dan lokasi insersi pada vena subclavia (76,7%).
2. Efektifitas povidon iodida 1% dalam pencegahan infeksi sebesar 86% sedangkan klorheksidin 2% sebesar 100%. Secara statistik perbedaan ini tidak bermakna dengan nilai $p = 0.56$ ($p > 0.05$).
3. Secara simultan pengaruh antiseptik dan variabel perancu (usia, jenis kelamin dan lokasi insersi) terhadap pencegahan infeksi pada perawatan kateter vena sentral tidak bermakna dengan masing-masing nilai p yaitu : usia mempunyai nilai p 0.623, jenis kelamin mempunyai nilai p 0.641 dan lokasi insersi mempunyai nilai p 0.468.

6.2 Saran

1. Bagi Institusi Rumah Sakit

Bagi manajemen rumah sakit diharapkan dapat disusun standard prosedur operasional tentang perawatan kateter vena sentral dan menjadi acuan bagi perawat dalam melakukan perawatan kateter vena sentral di ruang intensif, hemodialisa maupun di ruang perawatan medikal bedah.

2. Bagi perawat

Perawat dapat lebih menambah pengetahuan tentang keefektifan antiseptik dengan membaca dan mengikuti seminar tentang perawatan kateter vena sentral.

3. Bagi Penelitian Selanjutnya

Guna pengembangan hasil penelitian maka diharapkan penelitian selanjutnya dapat melakukan penelitian efektifitas antiseptik alkohol klorheksidin dalam perawatan luka.

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